

Ocean County Regional Ethics Committee Meeting

November 18, 2008 held at Brentwood Assisted Living

The meeting was called to order by Cathy Vakulchik, Chairperson. Cathy reported that she attended the Ethics Consortium with Debra Branch where there was discussion about CE Programs. Kathy also mentioned that a lot of the ethics groups have disbanded due to lack of attendance.

Debra Branch will be speaking at our meeting in January on “Abuse”.

Treasurer report, balance of \$2,525.59.

Also, please remember that minutes from previous meetings can be found on-line.

Vitas gave a wonderful presentation on Stress Management, which comes in very handy at this hectic time of the year. A great presentation!

Remember to check out [www.healthvault.com](http://www.healthvault.com) which is a free site which allows you to store health information, i.e., living wills, labs, x-rays, prescriptions etc.

Our next meeting on January 20, 2009 will be held at Magnolia Gardens, 1935 Lakewood Road, Toms River, NJ.